

FOOD FESTIVAL

By Aspens

WEEK ONE

	MONDAY Family Faves	TUESDAY Authentic Italian	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Chicken & Sweetcorn Pizza Baked Beans	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Chicken Tikka Masala Wholegrain Rice Spiced Roast Cauliflower	Fish Fingers Salmon or Pollock Chips and Peas
Option 2	Veggie Burger in a Bun Oven Baked Wedges Coleslaw	Veggie Delight Pizza Baked Beans	Quorn Roast Roasties and Fresh Vegetables Gravy	Sweet Potato & Chickpea Balfi Wholegrain Rice Spiced Roast Cauliflower	Cheesy Bean Wrap Chips and Peas
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit				
Jacket Potatoes	Crispy Skin Jacket Potato with Tasty Toppings				
The Finale	Peach Cobbler & Custard	Lemon Drizzle Cake	Chocolate Brownie	Apple & Cinnamon Strudel with Custard	Oat Cookie

Autumn / Winter 2021
w/c 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

FOOD FESTIVAL

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WEEK TWO

	MONDAY Family Faves	TUESDAY Authentic Italian	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Cottage Pie Carrots	Chicken & Sweetcorn Pasta Bake Whole Grain Penne Garlic Slice Green Salad	Roast Beef Silverside Roasties and Fresh Vegetables Gravy	Chicken Hot Dog Baked Paprika Wedges BBQ Beans	Fish Fingers Salmon or Pollock Chips and Mushy Peas
Option 2	Baked Bean & Veggie Sausage Cowboy Pie Carrots	Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad	Cheese & Onion Puff Pastry Slice Roasties and Fresh Vegetables Gravy	Quorn Dog Baked Paprika Wedges BBQ Beans	Quorn Dipper Pitta Chips and Mushy Peas
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit				
Jacket Potatoes	Crispy Skin Jacket Potato with Tasty Toppings				
The Finale	Rhubarb Crumble & Custard	Marble Cake & Custard	Cornflake Tart	Jelly & Fruit	Fruity Flapjack

Autumn / Winter 2021
w/c 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

FOOD FESTIVAL

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WEEK THREE

	MONDAY Family Faves	TUESDAY Authentic Italian	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Chicken Bangers & Mash Green Beans Gravy	Beef Lasagne Garlic Slice Sweetcorn	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	BBQ Chicken Wholegrain Rice Broccoli	Fish Fingers Salmon or Pollock Chips and Baked Beans
Option 2	Veggie Bangers & Mash Green Beans Gravy	Veggie Lasagne Garlic Slice Sweetcorn	Quorn Roast Roasties and Fresh Vegetables Gravy	Crunchy Topped Macaroni Cheese Broccoli	Vegan Sausage Roll Chips and Baked Beans
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit				
Jacket Potatoes	Crispy Skin Jacket Potato with Tasty Toppings				
The Finale	Golden Syrup & Apple Sponge Pudding	Sticky Toffee Pudding & Custard	Chocolate Orange Rice Pudding	Apple Crumble with Custard	Ginger Cookie

Autumn / Winter 2021
w/c 13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01, 07/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

SPECIAL DIETS AND FOOD ALLERGENS

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training.

It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.

CONTACT US

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