



| | Autumn 1 Being Me in My World | Autumn 2 Celebrating Difference | Spring 1 Dreams and Goals | Spring 2 Healthy Me | Summer 1 Relationships | Summer 2 Changing Me |
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| Year 3 | <ul style="list-style-type: none"> Getting to know each other Our nightmare school Our dream school Rewards and consequences Our learning charter Owning our learning charter | <ul style="list-style-type: none"> Families Family conflict Witness and feelings Witness and solution Words that harm Celebrating difference | <ul style="list-style-type: none"> Dreams and goals My dreams and ambitions A new challenge Our new challenge Our new challenge – overcoming obstacles Celebration my learning | <ul style="list-style-type: none"> Being fit and healthy Being fit and healthy What do I know about drugs? Being safe Being safe at home My amazing body | <ul style="list-style-type: none"> Family roles and responsibilities Friendship Keeping myself safe Being a Global Citizen Celebrating my web of relationships | <ul style="list-style-type: none"> How babies grow Babies Outside body changes Inside body changes Family stereotypes Looking ahead |
| Year 4 | <ul style="list-style-type: none"> Becoming a class 'team' Being a School Citizen Rights, responsibilities and democracy Rewards and consequences Our learning charter | <ul style="list-style-type: none"> Judging appearances by Understanding influences Understanding bullying Problem-solving Special me Celebrating difference | <ul style="list-style-type: none"> Hopes and dreams Broken dreams Overcoming disappointment Creating new dreams Achieving goals We did it! | <ul style="list-style-type: none"> My friend and me Group dynamics Smoking Alcohol Healthy friendships Celebrating my inner strength | <ul style="list-style-type: none"> Relationship web Keeping myself safe (see year 3) Love and loss Memories Are animals special? Special pets Celebrating my relationship with people and animals | <ul style="list-style-type: none"> Unique me Having a baby Outside and inside body changes Family stereotypes (see year 3) Girls and puberty (single sex groups) Circles of change Accepting change Looking ahead |
| Year 5 | <ul style="list-style-type: none"> My year ahead Being me in Britain Year 5 responsibilities Rewards and consequences Our learning charter Owning our learning charter | <ul style="list-style-type: none"> Different cultures Racism Rumours and name-calling Types of bullying Does money matter? Celebrating difference | <ul style="list-style-type: none"> When I grow up Investigate jobs and careers My dream job Dreams and goals of young people in other cultures How can we support each other? Rallying support | <ul style="list-style-type: none"> Smoking Alcohol Emergency aid Body image My relationship with food Healthy me | <ul style="list-style-type: none"> Recognising me Getting on and falling out Love and loss (see year 4) Girlfriends and boyfriends Relationships and technology | <ul style="list-style-type: none"> Self and body image Puberty for girls (single sex groups) Puberty for boys (single sex groups) Accepting change (see year 4) Conception (single sex groups) Looking ahead Looking ahead to year 6 |
| Year 6 | <ul style="list-style-type: none"> My year ahead Being a Global Citizen The learning charter Our learning charter Owning our learning charter | <ul style="list-style-type: none"> Am I normal? Understanding difference – transgender, disabilities Power struggles Why bully Celebrating difference | <ul style="list-style-type: none"> Personal learning goals Steps to success My dream for the world Helping to make a difference Recognising our achievements | <ul style="list-style-type: none"> Food Drugs Alcohol Emergency aid Emotional and mental health Managing stress | <ul style="list-style-type: none"> My relationship web Love and loss Girlfriends and boyfriends Relationships and technology – (see year 5) Power and control | <ul style="list-style-type: none"> My self image Puberty Puberty for girls and boys (single sex groups) – see yr 5 Conception (single sex groups) |

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| | | | | | <ul style="list-style-type: none">• Being safe with technology | <ul style="list-style-type: none">• Girl talk/boy talk (single sex groups)• Babies – conception to birth• Attraction• Transition for secondary school |
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