



TVJ Newsletter 03/03/23

Headteacher's Message



It's been another busy week at TVJ.

Yesterday we had the second NEU strike day. Thankfully we were able to open for more children than we were for the first day this time. Well done to all the parents that managed to get their children in.

Today we had our rearranged World Book Day. The highlight was all of our children going over to the infant school today. They really enjoyed reading with the younger children and showing off their 'skills'. Thank you to all the staff, from both schools for making this happen. There will be photos released to celebrate this day soon.

Finally, I have had some confirmation that the trial for the road closure at the beginning and end of the day has been a success. The local authority have agreed to install a permanent solution to this in the future. I do not have the details at the moment but, once I do, I will share it with you.

Have a great weekend.



1 - Mr Smith

(Headteacher)

Dates for your Diary



Monday 6th March

Year 4 Trip to River Barkingside (Poplar class)

Tuesday 7th March

Year 4 Trip to River Barkingside (Pine class)

Wednesday 8th March

Year 4 Trip to River Barkingside (Willow class)

Tuesday 14th March

Year 5 Trip to Ilford Muslim Society (All Year 5 classes)

march 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Year 3 Information



We have had an exciting week in Year 3. Today was World Book Day and many children came in dressed as their favourite book characters. For that, we (the Year 3 Teachers) would like say a huge thank you for making that happen.

This week in Maths, we continued our learning on Fractions. we used fraction walls and other concrete resources during lessons. We looked at how many equal parts of a fraction will make 1 whole. We also learnt how to order and compare fractions when we looked at value of the numerator that tells us the number of parts taken away or shaded and then the denominator- the total amount of equal parts of the fraction. Further into the week, we challenged ourselves by exploring how to find a fraction on a number line enhance our learning and understanding of the topic.

In Reading this week, we concluded reading the book called 'The Tin Forest' by Helen Ward and Wayne Anderson. So far, we have predicted what we think the story is about and how it will progress. We made different inferences based on the clues in the story, explaining how the old man felt at different parts of the story. We also summarised the story as we read the final page and found out that the old man's dream of having real life animals in his forest came to life.

In Writing this week, we planned and write list poems about metals. As a class, we explored different objects made out of metal and described them. After that, we wrote poems of the objects using adjectives to describe them and powerful verbs to tell the teacher what their purposes are.

In Wider Curriculum we continued to explore our new topic, 'Mighty Metals' by developing our understanding of contact and non-contact forces. We found that gravity is a type of force that pulls things down without people using some pressure. This is a non-contact force.

Year 4 Information



It has been another busy week in Year 4!

This week in Maths we have been continuing our learning of fractions. We have explored mixed fractions as well as improper fractions. Using our knowledge of this, we learnt how to convert mixed fractions to an improper fraction and improper fractions into mixed fractions using a range of strategies such as bar models, multiplication and division.

In Reading this week we have moved on to Chapter 2 of 'The Abominables'. The children have really enjoyed getting to learn more about the characters and understand more of the storyline. Each day the children have been focussing on a different reading skill, either inference or summarising. Next week we will be exploring more prediction based questions and the children will be using their inference skills to make logical predictions about what will happen in the next few chapters.

In Writing this week we have been creating a narrative based on the picture book Flood by Alvaro F. Villa. The book covers a story of a family who must leave town due to a storm, when the family return their home has been destroyed. We have been able to infer what the characters are feeling and thinking and turn this into speech.

Things to do at home: Spelling words ending in a 'soft c' Sound Spelt 'ce'

In Wider Curriculum this week, the children were investigating Somerset flooding. They watched a video footage of 2014 floods - that happened after the heaviest rainfall the area had seen in 30 years. The children learned that the flooding in the Somerset Levels had contaminated water, left farmland and businesses under water and forced residents to evacuate their homes due to property damage.

In groups, they researched 'What caused the flooding and what impact did it have?' (human and physical) and then presented their findings to the rest of the class.

Year 5 Information



What a wonderful week of learning took place this week. We had World Book Day which was a lovely opportunity for our pupils to share their love for reading with others.

What's been happening in Year 5 this week:

In Maths, we have been learning about round decimal numbers up to two decimal places. The pupils recapped their prior learning on the rules for rounding and used this for this week's lessons. We used place value charts, counting discs and written methods to consolidate our learning.

Things to do at home: Practise identifying equivalent fractions.

For Reading, we have been practising inference and retrieval in our lessons. This week, the pupils have been focusing on how to provide detailed answers for inference questions which are worth multiple marks. We have been also the vocabulary in our texts and have been discussing the author's choices.

Things to do at home: Listen to your child read aloud and ask them to summarise a section of the story in their own words.

In Writing,, Year 5 have been summarising our narrative in our own words. Then, the pupils draw a story map based on their summaries. Next, they will be using drama to act out scenes from the text before planning their writing.

Things to do at home: Spelling words with the suffixes –tion and -sion

This week in Wider Curriculum, we have been continuing our new topic, Sow, Grow and Farm. Pupils have been recapping the different types of farms found in the UK. Next, the pupils took part in a Dragon's Den-style task where they had to pitch their ideas for their ideal farm. The pupils used key vocabulary and research during their pitches.

Things to do at home: Research what farming looks like in other countries around the world.

Year 6 Information



This week in Maths we have looking at fractions, decimals and percentages. We have looked at how to convert between each of them and have also been studying the ways in which you can apply these skills to a range of problems.

In Reading, we have continued to focus on inference, vocabulary and summary. The pupils are now quite adept at distinguishing the different types of VIPERS questions and required structures that they will encounter in SATs. For example, we ensured to embed understanding around the impression and evidence grid which appears quite often.

In Writing this week we have continued to research the topic Climate Change. We are in the middle of planning, writing and editing a non-chronological report about this subject. All students have independently chosen their subheadings and what exactly they would like to research and they have

done a fantastic job of collating the information they will use for their Big Write. Well done everyone!

In Wider Curriculum, pupils began their study on surrealism and have analysed and sketched the work of the famous Salvador Dali. Next week, they will be producing their own surrealist piece which will be incredibly intriguing! Below, we have included the Westminster series that they created last week. We were so impressed with the standard of art that they produced. Well done, Year 6!

School Uniform Standards

As part of our on-going drive to develop the school we would like to inform you of our next steps in regards to school uniform.

The changes which we brought about the school uniform for September were slowly introduced in May 2022, for example the introduction of plain black shoes or trainers.

Now that these expectations are now beginning to embed, we would now like to be in line with other primary schools.

From January 2023 the following expectations will need to be in place:

- No extreme hair cuts/ patterns.*
 - No coloured hair*
 - Hair accessories to be plain black, blue or white only, no patterns.*
-



Breakfast Club



We operate a breakfast club every morning for all children. Children have the chance to come in early to ensure they are on time, chat with their friends and use school laptops to complete homework.

Important information:

- Breakfast clubs opens at 7:30am every day and children are welcome to attend anytime up until 8:20am.*
 - A breakfast costs just 80p! Hot and cold food are available every day.*
 - If you wish for your child you attend breakfast club then please book them in on parentmail.*
-

School Dinner Menu

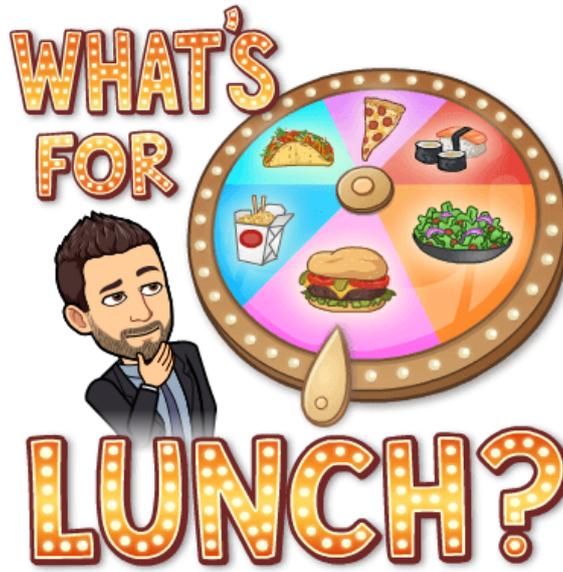


Aspens
Spring / Summer 2023 - 6/3, 27/3, 17/4, 8/5, 29/5, 19/6, 10/7, 31/7

FOOD FESTIVAL by Aspens

LUNCH WEEK 3 MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 MAIN EVENT	Cheese & Tomato Baguette Pizza Sweetcorn	All In One Sausage & Cheesy Potato Bake Carrots	Roast Chicken & Stuffing Roasties Fresh Veg & Gravy	Pineapple Chicken Whole Grain Rice 5 Spice Cauliflower	Golden Fish Fingers (Salmon Or Pollock) Chips Beans
 MEAT-FREE MAGIC	Veggie Bolognese Whole Grain Pasta Sweetcorn	All In One Veggie Sausage & Cheesy Potato Bake Carrots	Carrot & Stuffing Pastry Flat Roasties Fresh Veg & Gravy	Chinese Omelette Whole Grain Rice 5 Spice Cauliflower	Vegetable Fingers Chips Beans
 PASTA TWIRLER	Hot Tomato Pasta				
 BIG TOPPING	Crispy Skin Jackets with Tasty Toppings				
 PICK AND MIX	Pick & Mix Packed Lunch				
 DESSERT TROLLEY	Banoffee Dessert	Vanilla Sprinkle Sponge	Citrus Rice Crispie Cake	Apple Sponge Cake	Flagjack



LET'S EAT!





Keeping you safe

Who can I talk to when I am feeling sad,
upset, angry hurt or scared?



However, there are two adults who have the special job of keeping you safe:



Mr Smith

Designated Safeguarding
Lead



Miss Hawkins

Deputy Designated
Safeguarding Lead



AGE RESTRICTION
13+

Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty".

What parents need to know about SNAPCHAT

EXPOSING YOUR CHILD'S EXACT LOCATION

The 'Snap Map' lets you share your EXACT location in real time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story' stating that "maps you submit to 'Our Story' can still show up on the Snap Map, even when location sharing has been turned off." Parents should be aware that your child's image or video could appear on 'Snap Map' and be visible on 'Snapchat' today or in the future.

SCREENSHOTS & SAVED MESSAGES

While Snapchat advertises that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust. They may also accidentally send an image or message to somebody who they do not trust, simply by pressing and holding a message. The user is able to view a message they have received, which can be screenshotted or used against them in later dates.

SEXTING

Due to Snapchat disappearing, users can send a one-second photo or video. Snapchat has become the chosen platform for children and young people to send sexually explicit images or videos. Once a photo/video has been screenshotted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, they police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.

LENS EXPLORER

The 'Lens Explorer' on Snapchat gives users the freedom to use their imagination to design their own filters for themselves and others to use. Snapchat states that the lenses users create "must comply with our Lens Studio Submission Guidelines and Community Guidelines and must be appropriate for Snapchat users ages 13+." The 'Lens Explorer' in the app now enables users to choose from hundreds of these creations to alter their images. Anyone can create a lens for Snapchat, which gives opportunities for age-inappropriate content to be uploaded.

SNAPTREAKS & ADDICTION

Snap Streaks are gained when images have been sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved High Snap Streaks, by giving rewards, adding incentives for users to keep the streaks. Children spend time into making their streaks as long as possible, which can put an excessive amount of pressure on both themselves and their friendships.

SNAP ORIGINALS

Through 'Snap Originals' users can watch content which has been created by Snapchat on the app, including comedy shows, drama, news and more. Additionally, there are new lenses and filters available, inspired by the 'Snap Originals' shows. This is another feature to encourage addi-

Top Tips for Parents

THE RISKS OF SEXTING

It can be difficult to have a conversation about sexting with your child. However, it is important to have a conversation with your child about the consequences of sending and receiving explicit images or videos. Send them that if they send explicit images or videos to someone, they could be held responsible for the consequences of the message, image or video can be shared.

USE 'GHOST MODE'

We highly recommend enabling 'Ghost Mode' on the app so you can see who is viewing your profile and who is on your 'Snap Map'. To enable this, go into the Snap Map and tap the 'Ghost Mode' icon in the top right corner. Once you have turned on 'Ghost Mode', you can see who is viewing your profile and who is on your 'Snap Map'.

RESTRICT STORY VIEWS

Your child may be tempted to share their 'Story' with everyone in their friend list. As a parent, you should ensure that you have restricted who can see their story. To do this, go into the 'Story' settings and tap 'Who can see my story?'. From here, you can choose to restrict who can see your story to only your friends or to only your friends of friends. We recommend that you restrict who can see your story to only your friends. As a parent, we suggest that it is best to restrict who can see your story to only your friends.

REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

If your child has been bullied or harassed online, you should report the content to Snapchat. To report a story, lens, filter, snap or message, tap the three dots in the top right corner of the content and tap 'Report'. You will be asked to select the reason for reporting the content. Once you have selected the reason, you will be asked to provide more information. Once you have provided the information, you will be asked to confirm that you want to report the content. Once you have confirmed that you want to report the content, the content will be removed from your child's feed and the user will be notified that you have reported the content.

HOW TO DELETE A MESSAGE

Before you delete a message, you should ensure that you have turned on 'Ghost Mode' on the app. To delete a message, tap the message and tap 'Delete'. You will be asked to confirm that you want to delete the message. Once you have confirmed that you want to delete the message, the message will be removed from your child's feed.

TURN OFF 'QUICK ADD'

Quick Add is a feature on Snapchat that allows you to add new friends to your friend list. To turn off 'Quick Add', go into the 'Settings' and tap 'Quick Add'. You will be asked to confirm that you want to turn off 'Quick Add'. Once you have confirmed that you want to turn off 'Quick Add', you will no longer be able to add new friends to your friend list.

National Online Safety
A whole school community approach to online safety
www.nationalonlinesafety.com
Email us at help@nationalonlinesafety.com or call us on 0800 300 3000

Online Safety

Follow the SMART rules to help stay safe online.

Safe

S

Stay safe online by not sharing your personal information.

Meet

M

Do not meet anyone who you have only become friends with online.

Accept

A

Do not accept messages and friend requests from people you do not know.

Reliable

R

Not everything online is reliable. People online are strangers and you can't always trust everything they say.

Tell

T

Tell an adult you trust if anything happens online that you do not like.

Be careful what you share online!
Stop and think before you share information online.
Don't say or do anything that you wouldn't do in the real world!

Online Safety & Gaming



Gaming refers to playing electronic games, whether through consoles, computers, tablets, smartphones or other devices. Gaming remains one of the most popular forms of entertainment, attracting a wide range of age groups from all across the world. Gaming is always looking to develop, often improving on graphical features, accessibility and user engagement as years go by.



Unlike many other forms of media, gaming brings a sense of challenge to the player. Usually there is a degree of skill involved that players need to develop in order to progress. Depending on the type of game, it can also offer players a platform where they can be imaginative and explore their own creativity.

Some games have rich storylines and characters that are engaging and memorable. Many players also use it as an opportunity to compete and socialise with other users whether it be in person or online. More often than not though, people game, because it is fun!

Benefits of Gaming

- 1 Can develop critical and creative skills
- 2 Can bring educational benefit and awareness
- 3 Is available to most audiences and family members
- 4 Is an easy and accessible way to socialise with others



Considerations for Gaming

- 1 Have awareness of appropriate age restrictions
- 2 Parental awareness around purchasing
- 3 Active discussions around socialising safely
- 4 Reporting harmful or offensive content online

Socialising Online

A staple of gaming is the community that surrounds it. Groups and audiences can gather around a specific game, character or theme to build specific fan bases that can interact with each other. Young people may like to socialise online because:

- 1 It gives them a platform to be with friends outside of school
- 2 There is usually a competitive element at play, which can feel rewarding
- 3 It can build confidence and social skills which may not be attainable physically
- 4 It gives opportunity to young people who have difficulty socialising with friends and others



Reporting and Blocking

Gaming communities can range from supportive and educational, to toxic and harmful. In some instances, it can even lead towards more radical content being promoted. When faced with something or someone being harmful online, make sure young people know how to:

- 1 Report the player or piece of content
- 2 Mute or block the player
- 3 Manage their privacy settings or communication options
- 4 Speak with a trusted adult for support



To find out more about Gaming visit the SWGfL hub: swgfl.org.uk/topics/gaming/



Further Support

Professionals Online Safety Helpline: saferinternet.org.uk/professionals-online-safety-helpline

Harmful Sexual Behaviour Support Service: swgfl.org.uk/harmful-sexual-behaviour-support-service/

Report Harmful Content: reportharmfulcontent.com



ROBLOX
Powering Imagination

According to the Roblox website, 'Roblox is the world's largest interactive social platform for play'. For those of you who are unfamiliar with the game, it's a multi-player online gaming platform which allows children to play and create a variety of games in a 3D world. Roblox is free to play and available on all modern smartphones, tablets, desktops, Xbox One, Oculus Rift, and HTC Vive.

AGE RESTRICTION
13+

What parents need to know about ROBLOX

ROBLOX STUDIO
The Roblox Studio allows users to create their own games and worlds for others to play on the platform. As the games are user-generated, it gives users the freedom to potentially include things you do not want your child to be exposed to, for example, weapons, violence and even pornography. There are age restrictions on the games created in the Roblox Studio and to remove games from the platform Roblox relies on people reporting negative/violent content.

CHATTING & FRIEND REQUESTS
Whilst the games in Roblox are aimed at 8 to 18-year-olds, there are currently no age restrictions for signing up. This means that both adults and young people can play and communicate with each other and send friend requests through the platform. Once a friend request is accepted, this means that they can communicate with each other outside of game play.

ROBUX ONLINE PAYMENTS
When a user creates a game, they earn something called 'Robux', which works as a currency within the platform and enables the purchase of upgrades and memberships. If the created game is of good quality and attracts multiple players and in-game adverts, children have the ability to a lot of Robux. Once a user has earned a certain amount of Robux, they can convert this to real cash and withdraw it to a PayPal account. To withdraw money, users need to be over 13, have a PayPal account and have paid for the Roblox premium subscription.

NOS National Online Safety

Top Tips for Parents

ALERT!
Tell your children to be careful and to think twice before they click any random advert or pop-up. There is a lot of phishing scams that advertise free Robux etc, with the intent of stealing your child's personal information.

UNLIST SOCIAL MEDIA ACCOUNTS
Make sure your child's social media accounts are not listed in the settings/account information. If they are, advise them to set them to private or remove them from their account. This will ensure that nobody will be able to find and contact them on those social media platforms outside of Roblox.

HAVE A CHAT ABOUT 'GRIEFING'
Griefing is when someone purposely ruins, annoys or humiliates another player in a game. This can be done by setting traps, changing or stealing something away from other players, intentionally being mean and generally being obnoxious in the game to spoil their gameplay. Essentially, 'Griefing' is a form of bullying and can be extremely frustrating and upsetting for players.

DISABLE IN-GAME CHAT
Roblox is great for children to play together and chat to each other. However, if you want to completely turn off in-game chat for your child (meaning they cannot contact anyone, including their friends) you can do so by following these steps when logged in, go to their Account Settings page by clicking on the gear icon at the top right corner of the page. Then click Settings, then, click on the Privacy tab and under 'Who can chat with me in game?' select 'No one' and this will disable in-game chat.

CHECK SHARED INFORMATION
In the account settings, check that your child is not giving away any personal information in their bio/profile. For example, their full name, phone number or street name. If you see that they have, explain why this is potentially inappropriate and remove immediately.

RESTRICT PAYMENT METHODS
Roblox is a free to play game, but there are still options to make additional in-game purchases. If you do not want your child to make payments in the game, but want to restrict spending, we suggest using a games console gift card. These can be purchased in specific amounts, which will enable you to restrict how much your child spends and removes the need for a credit/debit card to be used with their account.

IS YOUR CHILD UNDER 13?
Unfortunately, there are hundreds of YouTube videos showing children how to change their age settings on Roblox, so firstly you should talk to your child to set up some rules/agreement. There are additional safety features for children under 13, for example, having their posts and chats filtered for inappropriate content and behaviour so it is worth checking that your child has set up their account with the correct age. You can find this in their account settings.

© National Online Safety Ltd
The National Online Safety Centre is a registered charity with the Charity Commission for England and Wales. No. 1132716

www.nationalonlinesafety.com

Please remind your children to be vigilant when coming to and from school. Wearing bright colours or reflectors is a good idea to help the child be more visible to road users.

How can my child be seen more easily?



ON DULL DAYS...

- Children can wear bright or fluorescent colours
- High-visibility tabards and other clothing can be purchased from many retailers
- Fluorescent armbands can worn over coats and other clothes
- Use bags in bright colours or with high-visibility strips

AT NIGHT...

- Reflective clothing reflects light from car and bike headlamps
- Reflective armbands, clothes and accessories should be placed on bags and clothing, or over it
- Remember that fluorescent colours don't show up in the dark

HOW TO STAY COOL...

- For older children who may see fluorescent and reflective items as 'uncool', stickers for bags or coats can be purchased

Packed Lunches



Please do not send in any food that contains nuts, including peanut butter, Nutella or chocolate spread sandwiches. There are children in our school with severe nut allergies and use EpiPen's.

Thank you



We need your help!



Outdoor play

We are in need of resources for our outdoor play areas so our children can really get the most out of break and lunch times! If you are able to donate any of the following, please drop it off to the school office:

- *Old t-shirts, shirts or aprons that the children can wear when playing in the mud kitchen*
 - *Cushions, curtains, cloth*
 - *Dolls, prams*
 - *Lego*
 - *Board games*
-



In the community



Parent and Carer Forum

HAVE YOUR SAY

Have you ever thought that access to services to support you and your baby or toddler could be offered in a better way? Or that services don't always meet your needs.

If you've said YES to this, then we would like to hear from you!

Do you want to make a difference for you and other parents and children?

Whether you are a parent/carer/mum or dad to be, we are looking for volunteers to help shape our services for families.

This is an opportunity to meet new people. And you will be supported to attend locally. (Free childcare, transport, interpreters, and light refreshments provided and a 'thank you voucher' to spend on your child provided for all who contribute.)

You decide how much you get involved.
You decide what matters most.

For more information or to register to join the group please email earlyhelpcoordinator@lbbd.gov.uk or call **07546 693 185**



Free Creative Workshops



Do you want to make Barking Riverside a greener and more fun place to live?

Join us for two free workshops, where your little ones will have the opportunity to take part in creative activities on the theme of nature and ecology. Plus, they will discover the animals and plants that call our parks and nature strips home.

For families with children aged 4-11 years old
Saturday 11 March 2023
Free, drop-in anytime between 10am-12pm & 2pm-4pm
The Wilds, Barking Riverside, IG11 0SQ

Find out more and book your place



 CREATE

Image 1: Corinne Taylor, Image 2: Julie Forrester, Image 3: Jimmy Lee

2 - <https://www.eventbrite.co.uk/e/free-creative-workshops-tickets-558090422477>

What's happening near you...

<https://www.lbbd.gov.uk/whats-on>

Cost of living crisis

Many people up and down the country are really struggling, and the situation in Barking and Dagenham is no different. Times are tough right now, so the Council and community partners are working together to support residents. From help with sorting finances and making sure people have access to the right benefits, emergency money, and low-cost loans, to linking residents with local food banks and mental health support - there's lots of help available.

<https://www.lbbd.gov.uk/sites/default/files/2022-12/Cost%20of%20Living%20Support%20Guide%20ALL%20V3.pdf>

Arts and Crafts for Adults (Adults)

- Barking Learning Centre Community Hub – Tuesday, 1.30pm – 3.30pm
- Marks Gate Community Hub – Wednesday, 2pm – 4pm
- Valence Library – Thursday, 1.45pm – 3.45pm

Reading Beez (5-13 Years Old)

This is a fun opportunity to improve your reading skills and collect prizes along the way. You will also learn about endangered animals and how you can help save them by taking part in fun activities. There are 5 levels to complete altogether, you can complete each level by reading 20 library books. You will also have the opportunity of being invited to special award ceremonies that celebrate reading. If you want to take part, please ask at your nearest library to sign up for the challenge.

- Dagenham Library Community Hub - Tuesday, 4pm - 5pm and Saturday, 1pm - 4pm
- Thames Community Hub (previously Sue Bramley) - every Monday, 3.30pm - 4.30pm



Have you had a baby in the last two years and would like some support?

Mums Matter is a FREE 8 week course with classes in Havering, Barking & Dagenham for mums with children aged 2 and under.

The course focuses on mum's well-being and mental health following the birth of their baby.

A FREE 2 hour crèche is provided to ensure mums have protected learning time to focus on their well-being.

 **mind**
Havering, Barking
and Dagenham

"Everybody wants to hold the baby, but who holds the mum?"

Do you have worrying thoughts or feelings?

Do you wonder if you are a good enough mum?

Are things starting to feel overwhelming?

We can help you.

Learn tools and techniques to empower you, increase your confidence, and dispel the myths of motherhood.

Mums must have at least one child aged 2 or under AND live in either Havering or Barking & Dagenham.

Email for more information.

Havering mums:

Tuesdays @ Rainham 12.30-2.30pm

Fridays @ Collier Row 10.30-12.30pm

Barking & Dagenham mums:

Wednesdays @ Sue Bramley 10.30-12.30pm

Thursdays @ Becontree 10.30-12.30pm

"Before I had kids, I knew who I was. Then I had children and lost myself. Coming to Mums Matter has made me find myself again. I am me again."

Contact us now:

mumsmatter@haveringmind.org.uk
01708 457 040

www.haveringmind.org.uk
Registered charity no. 1036470

Star's of the Week



Well done to all our amazing stars this week. Keep up all the hard work guys!

(Click on the cards to reveal each year group's winners)

Year 3

Ash Class: Harley-Jay

Elm Class: Emmanuel

Fir Class: Mehek

Year 4

Pine Class: Emilisa

Poplar Class: Mary

Willow Class: Wafa

Oak Class: Kenny

Oak Class: Ibrahim

Year 5

Chestnut Class: Mostafa

Maple Class: Qusway

Mulberry Class: Ayah

Year 6

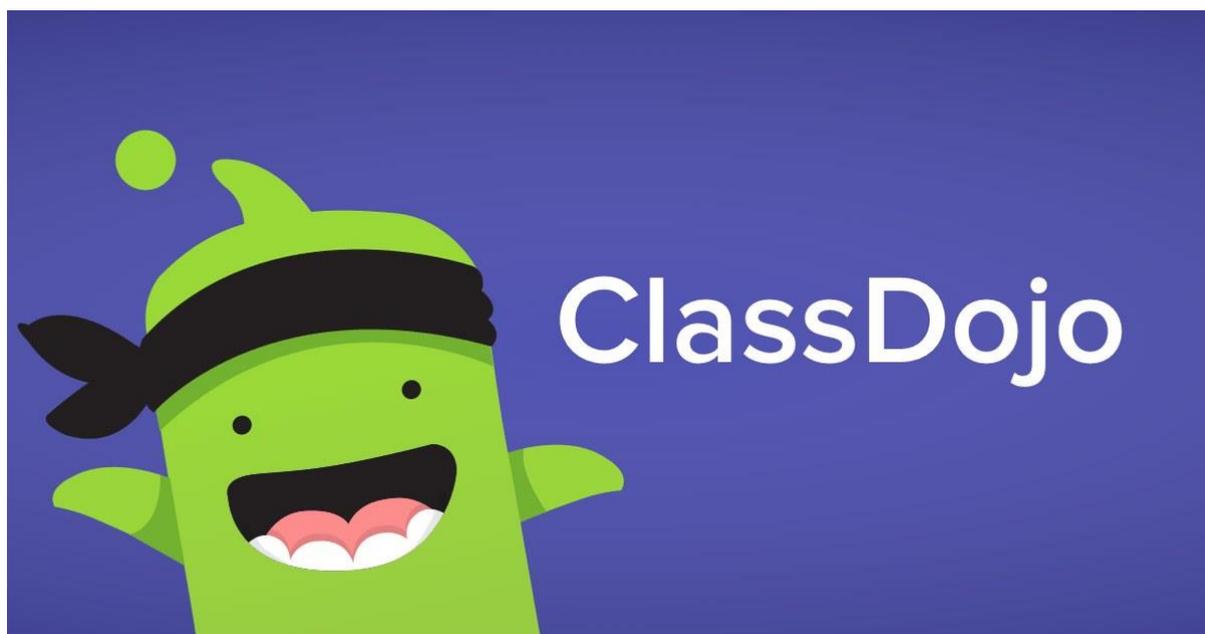
Aspen Class: Hamza

Beech Class: Dillan

Silver Birch Class: Kevinas



Dojo King & Queen



Here we celebrate the children who worked hard all week and gained the most dojos in their class.

(Click on the cards to reveal each year group's winners)

Y3 Ash Class

Dojo King: Osama

Dojo Queen: Sairah

Y3 Elm Class

Dojo King: Osagie

Dojo Queen: Sadaf

Y3 Fir Class

Dojo King: Elisha

Dojo Queen: Manaal

Y4 Pine Class

Dojo King: Mueed

Dojo Queen: Lulu

Y4 Poplar Class

Dojo King: Hamaas

Dojo Queen: Saara

Y4 Willow Class

Dojo King: Ardi

Dojo Queen: Martha

Y5 Chestnut Class

Dojo King: Rayaan

Dojo Queen: Aroush

Y5 Maple Class

Dojo King: Kainan

Dojo Queen: Fatima

Y5 Mulberry Class

Dojo King: Kahraman

Dojo Queen: Deborah A

Y6 Aspen Class

Dojo King: Ishaq

Dojo Queen: Diya

Y6 Beech Class

Dojo King: JJ

Dojo Queen: Izabelle

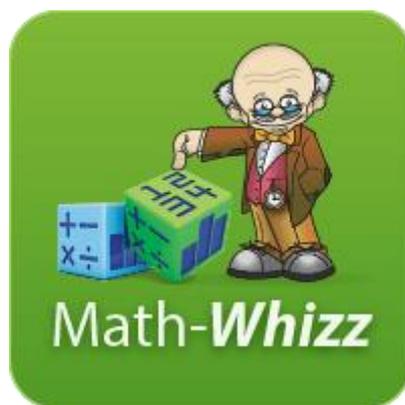
Y6 Silver Birch Class

Dojo King: Rifat

Dojo Queen: Zana



Maths Whizz Winners



Well done to all our amazing children who completed the most progressions on Maths Whizz this week.

(Click on the cards to reveal each year group's winners)

Year 3

Ash Class: Anaya

Elm Class: Emmanuel

Fir Class: Fatima

Year 4

Pine Class: Jessica

Poplar Class: Olivia

Willow Class: Christopher

Year 5

Chestnut Class: Aroush

Maple Class: Mikayeel

Mulberry Class: Deborah B

Year 6

Aspen Class: Erigla

Beech Class: JJ

Silver Birch Class: Rifat

Lexia Winners



Well done to all our amazing children who completed the most units on Lexia this week.

(Click on the cards to reveal each year group's winners)

Year 3

Ash Class: Ilina

Elm Class: Nazli

Fir Class: Frankie

Year 4

Pine Class: Danilo

Poplar Class: Mary

Willow Class: Sienna

Year 5

Chestnut Class: Divine

Maple Class: Maryam

Mulberry Class: Joel

Year 6

Aspen Class: Dougie

Beech Class: Izabelle

Silver Birch Class: Rifat

Weekly Attendance



(Click on the cards to reveal each classes attendance)

Year 3

Ash Class: 93.33%

Elm Class: 100%

Fir Class: 98.71%

Year 4

Pine Class: 84.09%

Poplar Class: 95.83%

Willow Class: 95.37%

Year 5

Chestnut Class: 93.30%

Maple Class: 92.24%

Mulberry Class: 97.84%

Year 6

Aspen Class: 98.28%

Beech Class: 91.30%

Silver Class: 97.32%

Class Winners

Best performing classes in Maths Whizz and Lexia.

(Click on the cards to reveal each phases winners)

Year 3 & 4 Maths Whizz

1st: Willow Class

2nd: Elm Class

3rd: Pine Class

Year 5 & 6 Maths Whizz

1st: Chestnut Class

2nd: Silver Birch Class

3rd: Beech Class

Year 3 & 4 Lexia

1st: Ash Class

2nd: Elm Class

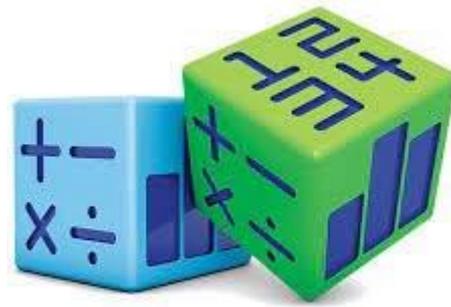
3rd: Fir Class

Year 5 & 6 Lexia

1st: Mulberry Class

2nd: Silver Birch Class

3rd: Aspen Class



Contact Us



Samuel Ferguson Place

Bastable Avenue

Barking,

Essex

IG11 OTR

Telephone: 0204 511 9240

Email: office@thamesviewjunior.com
