

|                                 | Year 3  | Year 4  | Year 5  | Year 6  |
|---------------------------------|---|---|---|---|
| Autumn 1 Being Me In My World   | <ul style="list-style-type: none"> <li>Setting personal goals</li> <li>Self-identity and worth</li> <li>Positivity in challenges</li> <li>Rules, rights and responsibilities</li> <li>Responsible choices</li> <li>Seeing things from others' perspective</li> </ul>  | <ul style="list-style-type: none"> <li>Being part of a class team</li> <li>Being a school citizen</li> <li>Rights, responsibilities and democracy</li> <li>Rewards and consequences</li> <li>Group decision making</li> <li>Having a voice</li> <li>What motivates behaviour</li> </ul> | <ul style="list-style-type: none"> <li>Planning for the forthcoming year</li> <li>Being a citizen</li> <li>Rights and Responsibilities</li> <li>Rewards and consequences</li> <li>How behaviour affects groups</li> <li>Democracy, having a voice, participating</li> </ul> | <ul style="list-style-type: none"> <li>Identifying goals for the year</li> <li>Children's universal rights /citizenship</li> <li>Feeling welcome and valued</li> <li>Choices, consequences and rewards</li> <li>Group dynamics</li> <li>Democracy, having a voice</li> <li>Anti-social behaviour</li> <li>Role-modelling</li> </ul> |
| Autumn 2 Celebrating Difference | <ul style="list-style-type: none"> <li>Families and their differences</li> <li>Family conflict and how to manage it</li> <li><b>Bullying</b> - Witnessing bullying and how to solve it</li> <li>Recognising how words can be hurtful</li> <li>Giving and receiving compliments</li> </ul>   | <ul style="list-style-type: none"> <li>Challenging assumptions</li> <li>Judging by appearance</li> <li>Accepting self and others</li> <li>Understanding bullying</li> <li>Problem solving</li> <li>Identifying how special and unique everyone is</li> <li>First impressions</li> </ul> | <ul style="list-style-type: none"> <li>Cultural differences and how they can cause conflict</li> <li>Racism</li> <li>Types of bullying</li> <li>Material wealth and happiness</li> <li>Enjoying and respecting other cultures</li> </ul>                                    | <ul style="list-style-type: none"> <li>Perceptions of normality</li> <li>Understanding disability</li> <li>Power struggles</li> <li>Understanding bullying</li> <li>Inclusion / exclusion</li> <li>Differences as conflict</li> <li>Difference as celebration</li> <li>Empathy</li> </ul>   |
| Spring 1 Dreams and Goals       | <ul style="list-style-type: none"> <li>Difficult challenges and achieving success</li> <li>Dreams and ambitions</li> <li>New challenges</li> <li>Motivation and enthusiasm</li> <li>Recognising and trying to overcome obstacles</li> <li>Evaluating learning processes</li> <li>Managing feelings</li> <li>Simple budgeting</li> </ul> | <ul style="list-style-type: none"> <li>Hopes and dreams</li> <li>Overcoming disappointment</li> <li>Creating new, realistic dreams</li> <li>Achieving goals</li> <li>Working in a group</li> <li>Celebrating contributions</li> <li>Resilience</li> <li>Positive attitudes</li> </ul>   | <ul style="list-style-type: none"> <li>Future dreams</li> <li>The importance of money</li> <li>Jobs and careers</li> <li>Dream jobs and how to get there</li> <li>Goals in different culture</li> <li>Supporting others</li> <li>Motivation</li> </ul>                      | <ul style="list-style-type: none"> <li>Personal learning goals, in and out of school</li> <li>Emotions in success</li> <li>Making a difference in the world</li> <li>Motivation</li> <li>Recognising achievements</li> <li>Compliments</li> </ul>   |
| Spring 2 Healthy Me             | <ul style="list-style-type: none"> <li>Exercise/ fitness</li> <li>Food labelling</li> <li>Attitude towards drugs</li> <li>Keeping safe</li> <li>Respect for myself</li> </ul>   | <ul style="list-style-type: none"> <li>Healthy friendships</li> <li>Smoking/alcohol</li> <li>Assessing/peer pressure</li> </ul>   | <ul style="list-style-type: none"> <li>Smoking/alcohol/anti social behaviour</li> <li>Emergency aid</li> <li>Body Image</li> <li>Relationships with food / Healthy choices</li> <li>Motivation and behaviour</li> </ul>   | <ul style="list-style-type: none"> <li>Taking responsibility</li> <li>How substance affects the body</li> <li>Exploitation including gang culture</li> <li>Emotional and mental health</li> <li>Managing stress</li> </ul>  |
| Summer 1 Relationships          | <ul style="list-style-type: none"> <li>Family roles and responsibilities</li> <li>Friendship and negotiation</li> <li>Keeping safe online</li> </ul>  | <ul style="list-style-type: none"> <li>Jealousy</li> <li>Love and loss</li> <li>Memories of loved ones</li> <li>Friendships</li> <li>Girlfriends and boyfriends</li> <li>Appreciation to living things</li> </ul>   | <ul style="list-style-type: none"> <li>Self- recognition/worth/esteem</li> <li>Safe online communities</li> <li>Rights and responsibilities</li> <li>Gaming and gambling</li> <li>Online safety rules</li> <li>Dangers of online grooming – <b>Online Safety</b></li> </ul> | <ul style="list-style-type: none"> <li>Mental health worries and support</li> <li>Love and loss</li> <li>Managing feelings</li> <li>Technology safety – <b>Online Safety</b></li> </ul>   |
| Summer 2 Changing Me            | <ul style="list-style-type: none"> <li>How babies grow</li> <li>Understanding a baby's needs</li> <li>Body changes</li> <li>Stereotypes</li> <li>Transition</li> </ul>  | <ul style="list-style-type: none"> <li>Being unique</li> <li>Having a baby</li> <li>Girls and puberty</li> <li>Confidence in change</li> <li>Environmental change</li> </ul>  | <ul style="list-style-type: none"> <li>Self and body image</li> <li>Influence of online media</li> <li>Puberty for girls/boys</li> <li>Conception</li> <li>Coping with change and transition</li> </ul>   | <ul style="list-style-type: none"> <li>Self image/body image</li> <li>Puberty and feelings</li> <li>Conception to birth</li> <li>Physical attraction</li> <li>Respect and consent</li> <li>Boyfriends and girlfriends</li> <li>Sexting</li> <li>Transition</li> </ul>   |



| PSHE   | BAME (Diversity and Representation)   | Rights Respecting (UNCRC Articles)  | Safeguarding  |  | SMSC (Spiritual, Moral, Social, Cultural)   |
|--------|---|---|---|--|---|
| Year 3 | <b>Autumn 2:</b><br>Giving and receiving compliments - BAME: CELEBRATING DIFFERENCE   | <b>Autumn 1:</b><br>Article 2 – Non discrimination<br>Article 6 – Life, survival and development<br>Rules, rights and responsibilities<br><br><b>Autumn 2:</b><br>Article 9 – Separation from parents<br><br><b>Spring 1:</b><br>Article 6 – Life, survival and development<br><br><b>Summer 1:</b><br>Article 18 – Parental responsibilities   | <b>Autumn 2:</b><br>Bullying<br><b>Spring 1:</b><br>Managing feelings – Zones of regulation link<br><b>Spring 2:</b><br>Attitude towards drugs<br>Keeping safe  | <b>Summer 1:</b> Friendship and negotiation<br>Keeping safe online – Online Safety<br><b>Summer 2:</b><br>How babies grow<br>Understanding a babies needs<br>Body changes<br>Stereotypes<br>Transition   |   |
| Year 4 | <b>Autumn 2:</b><br>Challenging assumptions – BAME: STEREOTYPES<br><br>Judging by appearance – BAME: SKIN COLOUR, RELIGION, APPEARANCE<br><br>Accepting self and others - BAME: CELEBRATING DIFFERENCE<br><br>Identifying how special and unique everyone is – BAME: CELEBRATING DIFFERENCE | <b>Autumn 1:</b><br>Article 8 – Identity<br>Article 26 – Social Security<br>Rights, responsibilities and democracy<br><br><b>Autumn 2:</b><br>Article 2 – Non-discrimination<br><br><b>Spring 1:</b><br>Article 13 – Freedom of expression  | <b>Autumn 2:</b><br>Bullying<br><b>Spring 2:</b><br>Healthy friendships<br>Smoking/alcohol<br>Asservitnss/peer pressure   | <b>Summer 1:</b> Girlfriends and boyfriends<br><b>Summer 2:</b><br>Having a baby<br>Girls and puberty<br>Confidence in change<br>Enviornmental change  | <b>Autumn 1:</b><br>Rights, responsibilities and democracy<br>Group decision making<br>Having a voice |
| Year 5 | <b>Autumn 2:</b><br>Cultural differences and how they can cause conflict<br>Racism – BAME: STEREOTYPES, SKIN COLOUR, RELIGION, APPEARANCE<br><br>Enjoying and respecting other cultures – BAME. CELEBRATING DIFFERENCE  | <b>Autumn 1:</b><br>Article 12 – Respect for the views of the child<br>Article 13 – Freedom of expression<br>Rights and responsibilities<br><br><b>Autumn 2:</b><br>Article 31 – Leisure, play and culture<br><br><b>Spring 1:</b><br>Article 29 – Right to education<br><br><b>Summer 2:</b><br>Rights and responsibilities. Awareness of the UN Convention on the Rights of the Child | <b>Autumn 2:</b><br>Racism<br>Bullying<br><b>Spring 2:</b><br>Smoking/alcohol/anti-social behaviour<br>Emergency aid  | <b>Summer 1:</b><br>Dangers of online grooming – Online Safety<br>Online gaming and grooming – Online Safety<br><b>Summer 2:</b><br>Self and body image<br>Influence of online media<br>Puberty for girls/boys<br>Conception<br>Coping with change and transition  | <b>Autumn 1:</b><br>Rights and responsibilities<br>Democracy<br>Having a voice<br>Participation       |
| Year 6 | <b>Autumn 2:</b><br>Difference as conflict<br>Difference as celebration - BAME. CELEBRATING DIFFERENCE  | <b>Autumn 1:</b><br>Article 28 – Right to education<br>Article 13 – Freedom of Expression<br>Children’s universal rights / citizenship<br><br><b>Autumn 2:</b><br>Article 23: Children with disability  | <b>Autumn 1:</b><br>Democracy, having a voice<br>Anti-social behaviour<br><b>Autumn 2:</b><br>Bullying<br>Inclusion / exclusion<br>Differences as conflict<br><b>Spring 2:</b><br>How substance affects the body<br>Exploitation including gang culture<br>Emotional and mental health<br>Managing stress | <b>Summer 1:</b> Mental health worries and support<br>Love and loss<br>Managing feelings<br>Technology safety – Online Safety<br><b>Summer 2:</b><br>Self image/body image<br>Puberty and feelings<br>Conception to birth<br>Physical attraction<br>Respect and consent<br>Boyfriends and girlfriends<br>Sexting<br>Transition | <b>Autumn 1:</b><br>Democracy<br>Having a voice   |