

	Year 3	Year 4	Year 5	Year 6
Autumn 1 Being Me In My World	<ul style="list-style-type: none"> Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Responsible choices Seeing things from others' perspective 	<ul style="list-style-type: none"> Being part of a class team Being a school citizen Rights, responsibilities and democracy Rewards and consequences Group decision making Having a voice What motivates behaviour 	<ul style="list-style-type: none"> Planning for the forthcoming year Being a citizen Rights and Responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, participating 	<ul style="list-style-type: none"> Identifying goals for the year Children's universal rights /citizenship Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling
Autumn 2 Celebrating Difference	<ul style="list-style-type: none"> Families and their differences Family conflict and how to manage it Bullying - Witnessing bullying and how to solve it Recognising how words can be hurtful Giving and receiving compliments 	<ul style="list-style-type: none"> Challenging assumptions Judging by appearance Accepting self and others Understanding bullying Problem solving Identifying how special and unique everyone is First impressions 	<ul style="list-style-type: none"> Cultural differences and how they can cause conflict Racism Types of bullying Material wealth and happiness Enjoying and respecting other cultures 	<ul style="list-style-type: none"> Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion / exclusion Differences as conflict Difference as celebration Empathy
Spring 1 Dreams and Goals	<ul style="list-style-type: none"> Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles Evaluating learning processes Managing feelings Simple budgeting 	<ul style="list-style-type: none"> Hopes and dreams Overcoming disappointment Creating new, realistic dreams Achieving goals Working in a group Celebrating contributions Resilience Positive attitudes 	<ul style="list-style-type: none"> Future dreams The importance of money Jobs and careers Dream jobs and how to get there Goals in different culture Supporting others Motivation 	<ul style="list-style-type: none"> Personal learning goals, in and out of school Emotions in success Making a difference in the world Motivation Recognising achievements Compliments
Spring 2 Healthy Me	<ul style="list-style-type: none"> Exercise/ fitness Food labelling Attitude towards drugs Keeping safe Respect for myself 	<ul style="list-style-type: none"> Healthy friendships Smoking/alcohol Asservitiveness/peer pressure 	<ul style="list-style-type: none"> Smoking/alcohol/anti social behaviour Emergency aid Body Image Relationships with food / Healthy choices Motivation and behaviour 	<ul style="list-style-type: none"> Taking responsibility How substance affects the body Exploitation including gang culture Emotional and mental health Managing stress
Summer 1 Relationships	<ul style="list-style-type: none"> Family roles and responsibilities Friendship and negotiation Keeping safe online 	<ul style="list-style-type: none"> Jealousy Love and loss Memories of loved ones Friendships Girlfriends and boyfriends Appreciation to living things 	<ul style="list-style-type: none"> Self- recognition/worth/esteem Safe online communities Rights and responsibilities Gaming and gambling Online safety rules Dangers of online grooming – Online Safety 	<ul style="list-style-type: none"> Mental health worries and support Love and loss Managing feelings Technology safety – Online Safety
Summer 2 Changing Me	<ul style="list-style-type: none"> How babies grow Understanding a babies needs Body changes Stereotypes Transition 	<ul style="list-style-type: none"> Being unique Having a baby Girls and puberty Confidence in change Environmental change 	<ul style="list-style-type: none"> Self and body image Influence of online media Puberty for girls/boys Conception Coping with change and transition 	<ul style="list-style-type: none"> Self image/body image Puberty and feelings Conception to birth Physical attraction Respect and consent Boyfriends and girlfriends Sexting Transition

PSHE	BAME (Diversity and Representation)	Rights Respecting (UNCRC Articles)	Safeguarding		SMSC (Spiritual, Moral, Social, Cultural)
Year 3	Autumn 2: Giving and receiving compliments - BAME: CELEBRATING DIFFERENCE	Autumn 1: Article 2 – Non discrimination Article 6 – Life, survival and development Rules, rights and responsibilities Autumn 2: Article 9 – Separation from parents Spring 1: Article 6 – Life, survival and development Summer 1: Article 18 – Parental responsibilities	Autumn 2: Bullying Spring 1: Managing feelings – Zones of regulation link Spring 2: Attitude towards drugs Keeping safe	Summer 1: Friendship and negotiation Keeping safe online – Online Safety Summer 2: How babies grow Understanding a babies needs Body changes Stereotypes Transition	
Year 4	Autumn 2: Challenging assumptions – BAME: STEREOTYPES Judging by appearance – BAME: SKIN COLOUR, RELIGION, APPEARANCE Accepting self and others - BAME: CELEBRATING DIFFERENCE Identifying how special and unique everyone is – BAME: CELEBRATING DIFFERENCE	Autumn 1: Article 8 – Identity Article 26 – Social Security Rights, responsibilities and democracy Autumn 2: Article 2 – Non-discrimination Spring 1: Article 13 – Freedom of expression	Autumn 2: Bullying Spring 2 Healthy friendships Smoking/alcohol Asservitiveness/peer pressure	Summer 1 Girlfriends and boyfriends Summer 2 Having a baby Girls and puberty Confidence in change Environmental change	Autumn 1: Rights, responsibilities and democracy Group decision making Having a voice
Year 5	Autumn 2: Cultural differences and how they can cause conflict Racism – BAME: STEREOTYPES, SKIN COLOUR, RELIGION, APPEARANCE Enjoying and respecting other cultures – BAME. CELEBRATING DIFFERENCE	Autumn 1: Article 12 – Respect for the views of the child Article 13 – Freedom of expression Rights and responsibilities Autumn 2: Article 31 – Leisure, play and culture Spring 1: Article 29 – Right to education Summer 2: Rights and responsibilities. Awareness of the UN Convention on the Rights of the Child	Autumn 2: Racism Bullying Spring 2: Smoking/alcohol/anti-social behaviour Emergency aid	Summer 1: Dangers of online grooming – Online Safety Online gaming and grooming – Online Safety Summer 2: Self and body image Influence of online media Puberty for girls/boys Conception Coping with change and transition	Autumn 1: Rights and responsibilities Democracy Having a voice Participation
Year 6	Autumn 2: Difference as conflict Difference as celebration - BAME. CELEBRATING DIFFERENCE	Autumn 1: Article 28 – Right to education Article 13 – Freedom of Expression Children's universal rights / citizenship Autumn 2: Article 23: Children with disability	Autumn 1: Democracy, having a voice Anti-social behaviour Autumn 2: Bullying Inclusion / exclusion Differences as conflict Spring 2: How substance affects the body Exploitation including gang culture Emotional and mental health Managing stress	Summer 1: Mental health worries and support Love and loss Managing feelings Technology safety – Online Safety Summer 2: Self image/body image Puberty and feelings Conception to birth Physical attraction Respect and consent Boyfriends and girlfriends Sexting Transition	Autumn 1: Democracy Having a voice